



## **MATERIAL PARA RECUPERACIÓN DE ESTÁNDARES. INGLÉS 4ºESO B**

A continuación se detallan una serie de tareas clasificadas según estándares mínimos para que reforcéis aquel/aquellos que necesitéis. El examen de recuperación de dichos estándares que tengáis pendientes irá encaminado a actividades como las que tenéis aquí (como las que hemos ido haciendo en los exámenes en clase).

Aunque no es necesario que me mandéis estas tareas para corregirlas, ya sabéis que estoy a vuestra disposición para todo lo que necesitéis.

### **BLOQUE 1: COMPRENSIÓN DE TEXTOS ORALES (LISTENING)**

Te propongo varias actividades para practicar, de diversos temas. Escucha los audios de las siguientes páginas y realiza las actividades que se indican.

<https://learnenglish.britishcouncil.org/skills/listening/intermediate-b1/a-student-discussion>

Realizar: Task 1 + Task 2

<https://learnenglish.britishcouncil.org/skills/listening/intermediate-b1/an-interview-about-listening-skills>

Realizar: Task 1 + Task 2

<https://learnenglish.britishcouncil.org/skills/listening/intermediate-b1/meeting-an-old-friend>

Realizar: Task 1 + Task 2

<https://learnenglish.britishcouncil.org/skills/listening/intermediate-b1/arriving-late-to-class>

Realizar: Task 1 + Task 2

### **BLOQUE 2: EXPRESIÓN DE TEXTOS ORALES (SPEAKING)**

En la recuperación de junio, si tienes que recuperar este estándar, te pediré lo siguiente:

#### **A FUNNY DAY/NIGHT OUT**

- You will have to create a final product: **AN ADVERT FOR AN EVENT** (show the advert on your ppt and include only the information you consider relevant).
- Explain the different aspects of the event:
  - Who is addressed to?
  - What is it about?
  - When and where is it?
  - Invite/Suggest people to go.
  - Any other interesting information you consider.



### BLOQUE 3: COMPRENSIÓN DE TEXTOS ESCRITOS (READING)

Tendréis un fragmento para leer y a continuación realizar una serie de preguntas de comprensión lectora.

[www.thepositivityplace.co.uk](http://www.thepositivityplace.co.uk)

#### How I beat my negative thoughts

by Duncan Ashworth

On 7 July 2012 I was in a car accident. I injured my back. As a result I was in hospital for six months. Before my accident I was a really active person, I played tennis and I went swimming every week. I had a busy social life and a job as a lawyer. All that changed after my accident. I had to learn to walk again. The one thing I could still do was use my laptop. So I started to write a diary and reflect on my feelings and what I should do. I discovered there were quite a few things I could do to cheer myself up.

One of the things that really made me feel bad were my thoughts about the past and the future. I used to think, 'If I hadn't been in the accident, I wouldn't be stuck in this hospital bed. If my back doesn't get better, I'll never walk again. If only I hadn't driven to work that day.' These thoughts brought my mood down. So I decided that every time I had a thought like that I would instantly replace it with something positive. I also focused on the present moment rather than the past or the future. I used a meditation technique that I learned. It involved focusing on my breathing for a few minutes, then making an assessment about how I was feeling and what thoughts were going through my mind at that moment. If I felt stressed I would check my body to find out exactly where I felt stressed; for example, a tightness in my chest, or a pain in my stomach, or tension in my neck. I would then breathe into this area and try to imagine it was relaxing and all the stress and tension was flowing out of my body. This technique helped me a lot.

Another thing that helped me a lot was laughter. I watched a lot of comedy films that made me laugh. I also had a very entertaining roommate in the hospital. He was a young man called Ian and he was around my age. He had broken both his legs and dislocated his shoulder in a motorcycle accident. Despite what he was going through, he never lost his sense of humour. He really helped me get through those months in hospital.

Everyone knows that exercise is good for well-being, but after my accident I couldn't work out in the gym like I used to. Instead, I did gentle exercises, stretches and practised walking very slowly. The fact that I was doing something helped improve my mood. After six months I was almost fully recovered. I went home and eventually back to my job. But something had changed inside me. I felt stronger as a person. I felt more able to cope with difficulties and challenges. I believe that if I hadn't been in that accident, I wouldn't have learnt so much about myself and about how we must keep positive even in very difficult circumstances.

**Read the text. Then answer the questions.**

- 1 What activities did Duncan do before the accident?  
\_\_\_\_\_
- 2 What did he do on his computer while he was in hospital?  
\_\_\_\_\_
- 3 What particular thing did he learn to control in order to help him reduce his stress levels?  
\_\_\_\_\_
- 4 Who was Ian? What were his injuries?  
\_\_\_\_\_

#### The best clubs in Europe

Are you planning on going clubbing on your next holiday? Our dedicated team of clubbers have come up with a list of the coolest clubs in Europe. They've done the research, and here's what they've come up with.

1 \_\_\_\_\_



*Lola Jones:* Fluxus Ministerija is a huge space used for music and dance. It's located in Lithuania. When I was told that it would be a completely different clubbing experience, I was intrigued! When I arrived I was amazed by the size of the building – it was enormous. While I was standing in the queue to get in, I started talking to a German girl who had been going to this club for years. She recommended that I looked at the beautiful wall art and sculptures when I finally got inside. What she said was true – the art was stunning. The building was full of about 10,000 people, all dancing. The atmosphere was electric! There was also a massive staircase which led up to a tower where you could listen to people reading poetry. It was a unique clubbing experience which was both cultural as well as fun.

2 \_\_\_\_\_

*Zane Cooper:* Badaboum in Paris is very cool. There are different rooms in the club which play different kinds of music, from techno to electro. There's a dancefloor that isn't too small or too big. The emphasis in Badaboum is all on the music. That's what it's known for. A friend who goes there often tells me that he has discovered some great DJs there. When I went and the DJ started his set, I was not disappointed. The music was fantastic – a really cool mix. Some of the DJs are local but others come from around the world and there is a mix of newcomers and established professionals. There are also live bands that come to play at the venue. There is a room on the first floor that is just like a living room. There are also computer games for people to play. It's a nice place to come and chill out as well as dance.

3 \_\_\_\_\_

*Sophie Hall:* Elrow in Barcelona is busy night and day. It's *the* place to come if you want to party from dusk till dawn. It's just outside the city, near the airport. What makes this club interesting is that it was founded by a Spanish family, and there's a great sense of community there. A lot of the locals go there in the winter months. People dress up at this club; in fact, creative expression is the focus. Many of the clothes and costumes reminded me of the costumes that you see at a Cirque de Soleil performance. It's part of the experience to admire all the clothes and costumes. The music is also great and there are stages for dancers and clubbers to dance on. It gets very busy in the summer months with all the tourists, but it is totally worth it.

**Read the text. Match titles A–D to paragraphs 1–3. There is one title you do not need.**

- A Party non-stop
- B Come as you are
- C Art and clubbing
- D A music lover's paradise

**Read the text again. Then answer the questions.**

- 1 Which club encourages you to wear whatever you like? Where is it?  
\_\_\_\_\_
- 2 What did the German girl suggest to Lola?  
\_\_\_\_\_
- 3 What is Badaboum most famous for?  
\_\_\_\_\_
- 4 Which club would be best to go to if you wanted to relax and not dance? What could you do instead?  
\_\_\_\_\_



## BLOQUE 4: PRODUCCIÓN DE TEXTOS ESCRITOS (WRITING)

Sería conveniente que repasaseis algunos de los distintos tipos de “writing” que hemos estudiado. Uno de estos dos os preguntaré en el examen de recuperación de junio.

**Write a blog about an activity you have recently taken up. You can invent one. Use the questions and prompts to help you. Use informal English. Write about 100 words. (6 p.)**

**Day 1:** Tell readers what activity you have taken up. Where and when do you do it? What was your first experience of the activity like?

**Day 2:** Give more details about what you do when you are taking part in this activity. What reaction does it produce in you and other people? How do you feel when you finish the activity? What changes do you think it might produce in you in the future?

**Day 3:** Talk about another experience you had while doing this activity. What have you learned from doing this activity? What objectives are associated with it? What is your overall opinion of these objectives? Do you think continuing with this activity will achieve them?

**Write a report based on these results from a questionnaire for Spanish teenagers about films. Use the prompts to help you and invent the details. Include adverb phrases to express the percentages and appropriate reporting verbs. Write about 80 words. (8 p.)**

### Questionnaire results

**Topic:** film festivals

1 Have you ever been to a film festival?

30% have been to one in Spain

25% have been to film festivals abroad

20% will go to one next summer

25% have never been to one

**Topic:** Spanish films

2 Do you think the quality of Spanish films is bad, OK, good or very good?

5% think it's bad

8% think it's OK

12% think it's good

75% think it's very good

**Paragraph 1:** Introduce the aim of the report and say where you got the information from.

**Paragraph 2:** Provide the results of the first question. Talk about the statistics in detail.

**Paragraph 3:** Provide the results of the second question. Talk about the statistics in detail.

**Paragraph 4:** Provide a conclusion and suggest what the results of the questionnaire might mean.